



## Return to Play Phase IV Guidelines

The Wheaton Park District has issued the following guidelines for Central Athletic Complex "CAC" during Phase IV of the Restore Illinois Plan. In Phase IV, youth and recreational sports activities include drills, practices, lessons, and competitive game play, such as tournaments.

### General Guidelines:

- Be vigilant in preventing the spread of the virus by practicing good hygiene, as recommended by the IDPH and CDC
- Ensure no one participates if they are experiencing any symptoms or exposure risks, per IDPH and CDC
  - All participants, instructors, contractors, trainers and volunteers, should conduct a health self-screening prior to attending camp, programs, training, practice and games and ask the following questions. Parents should conduct the health screening with their child.
    - Are you experiencing the following: fever (100.4° and above), cough, shortness of breath, chills, muscle aches, headaches not related to caffeine, diet, hunger, migraines, or tension?
    - Have you been in close contact with anyone that has tested positive for COVID-19 or has symptoms of COVID-19?  
If the answer is "YES" to any of the above questions: Participant will not be allowed to practice.
- Face masks are required when entering and exiting the facility
  - Face coverings should be worn at all times when 6' of social distancing cannot be maintained
  - Protective guards at CAC front desk have been installed
  - CAC site supervisor will wear masks while in the facility
- Approved CDC signage will be posted in all high traffic areas of the CAC
  - Steps to Prevent COVID-19
  - Social Distancing Standards
  - Mask Requirements
  - Facility Capacity
  - Group Size Requirements
  - Sanitized Area Signs
- Entrances and exits will be assigned to specific groups when required to eliminate congestion. Maps will be provided prior to program beginning.
- Hours of operation will vary based on scheduling needs
- Markings will be placed/installed near the desk areas indicating a place to stand to ensure proper distancing
- Birthday Party Applications will be accepted starting July 6, 2020
- The facility will be thoroughly cleaned and sanitized throughout the day (every two hours, and just before closing)

- Cleaning Logs will be maintained by staff using the Cleaning Checklist included in this document
- Coaches participants, instructors, contractors, trainers and volunteers, are encouraged to follow all CDC recommended guidelines and wash hands before arrival and to bring their own hand sanitizer
- Group/team sizes should be limited to 50 total participants, instructors, contractors, trainers, coaches, volunteers and referee (i.e. excludes spectators).
  - Multiple groups/teams of 50 or fewer participants permitted at once as long there is 30 ft. of distance is maintained between groups/teams.
  - Class schedules should be configured to minimize interaction between classes and allow for adequate cleaning time between classes
  - Areas for each group are clearly marked to discourage interaction between groups
- Rentals/Independent teams/groups should be static, with no mixing of coaches or participants between groups
  - Rentals will be required to complete a Facility Usage Agreement prior to being allowed indoors
  - Must have 50 people or less
  - No food or beverages allowed
  - Shared equipment must be cleaned/disinfected before/after each use
- No drinking fountains available
- Spectator permissions are limited to 20% seating capacity at this time.
  - Staff will monitor all participants entering the facility to assure we are within the required limits

#### **Disinfecting/Cleaning Procedures:**

1. Cleaning and disinfecting of premises should be conducted in compliance with CDC protocols daily
2. Staff will clean and disinfect common areas (e.g., restrooms) and surfaces which are touched by multiple people (e.g., entry/exit doorknobs, stair railings) frequently; every 2 hours recommended for high-traffic areas
3. CAC programs will minimize sharing of high-touch equipment between non-household individuals. If equipment is to be shared, instructors, contractors, trainers, volunteers, renter or employees will be sanitizing equipment before and after use (see EPA approved list of disinfectants).

#### **External Interactions:**

1. A designated entrance will be used for all vendors and external suppliers
2. Before allowing external supplier or non-participant visitor to enter, or while requiring them to wait in a designated area, employer should ask whether external supplier or nonparticipant visitor is currently exhibiting COVID-19 symptoms
3. Staff will keep a running log of all external suppliers and vendors who enter the facility
4. Suppliers and other visitors should wear face coverings over their nose and mouth when entering premises (exceptions can be made for people with medical conditions or disabilities that prevent them from safely wearing a face covering)

5. For indoor facilities, maximum occupancy of 50% of facility capacity. Each room will identify maximum capacity upon entrance.
6. Group sizes should be limited to 50 total participants, coaches, and referees (i.e. excludes spectators)
  - a. Applies to competitive game play as well (e.g., 25 total participants, coaches, referees per team)
  - b. Any additional team members can sit on the sidelines 6-ft. apart from one another. If 6-ft distancing is not able to be maintained, players must have a mask on
7. During practice as well as competitive games, multiple groups of 50 or fewer participants permitted at once as long as:
  - a. Facilities allow for social distancing of participants, employees, contractors, trainers, volunteers, and spectators
  - b. Areas for each group are clearly marked to discourage interaction between groups outside of competitive game play

#### **External Interactions Best Practices:**

1. Limit contact between external suppliers/ non-participant visitors and employees
2. Suspend post-activity group snacks
3. As practical, parents dropping off or picking up participants wait at designated drop-off/ pick-up areas and arrive during designated time window
  - a. Maps will be provided by athletic managers if applicable to specific groups
4. Volunteers should abide by static team / group guidelines applied to employees with no mixing between groups for the duration of the season / volunteer period, if practical
5. If practical, limit spectators to immediate household members or guardians of participants

#### **Open Gym:**

1. Free Play and Open Gym dates and times will be posted on [wpdathletics.org](http://wpdathletics.org) when available
  - a. All attendees must provide an ID and complete a waiver before entering the gym

#### **Player/Participant Attendance at CAC:**

Must be able to adhere to Wheaton Park District youth sports behavior policies and procedures; including COVID-19 guidelines.

- Examples include:
  - Follow 6 foot physical distancing requirements. Including tolerating a mask covering mouth and nose when indoors or when distancing is not possible.
  - Participants must be able to follow and comply with staff direction without physical intervention.
  - Participants must be independent in managing personal care and personal belongings.

#### **Practices to Keep Participants Safe**

1. Safe socially distant activities
2. Individual Participants supply their own equipment

3. Facial coverings required in the facility when safe distance cannot be maintained (Participants must supply their own face mask)
4. Intensified cleaning and sanitation
5. Frequent handwashing
6. Contactless Drop-off & Pick-Up
7. Zero Tolerance for COVID -19 symptoms, illness and failure to adhere to safety policies
8. Group/team sizes should be limited to 50 total participants, coaches, and umpires (i.e. excludes spectators).

### **Player Drop-Off/Entry:**

Players will be dropped off by Central Athletic Complex front door. Parents are not allowed to linger at front door and must either find a parking spot, or come back when practice/training is over.

All player/participants are not allowed to entry without a coach escort. Players/participants will also not be allowed into facility early. They will be let in at their designated time and directed to their assigned courts. A map will be provided for scheduled programs as to where to enter and exit the facility.

When needed, a map for drop off/ pick up will be provided for each program/team, by the Athletic Manager.

### **Upon Exiting the Facility**

There will be a designated exit point for all renters/team/participants in the Central Athletic Complex facility. To avoid congestion at the front door, renters, players, participants and coaches are not allowed to exit through the Central Athletic Complex front door. Each court will have a designated exit that will be shown to renters, coaches upon entering the facility. Renters, coaches/administrators will be required to walk their players out through the appropriate emergency exits/side doors. Coaches will then need to meet their team at the front entry point and escort their team into the facility with the help of Central Athletic Complex staff.

### **Facility Amenities:**

During the COVID-19 pandemic the Central Athletic Complex facility will **not** provide:

1. Drinking water
2. Water fountains
3. Vending machines

The facility **will** provide:

1. Bathroom access
2. Hand Sanitizer upon entry

## Player/Coach Expectations

We expect all coaches and players to abide by the following:

1. Treat the facility with respect
2. Maintain social distancing guidelines
3. Clean up court (trash) after use
4. Start on time and leave on time – Players/participants not to linger shooting
5. **Players need to bring their own water**
6. **Players need to bring their own equipment**
7. Do not enter the facility if feeling sick
8. Players /participants are required to stay on their own court
9. **We encourage all participants to have their own supply of hand sanitizers and disinfecting wipes**

### Failure to Abide

Renters, coaches, administrators, parents, volunteers, trainers and players are expected to follow Central Athletic Complex Guidelines. Failure to do so will result in immediate removal of the facility and possibly cancellation of all future rentals and/or participation. Cancellation of rental agreements – due to failure to follow facility guidelines will result in the forfeit of rental fee.

### Attachments:

Signage examples

Cleaning and Disinfecting Checklist

### Helpful Resources:

Restore Illinois Phase 4 Guidelines:

<https://dceocovid19resources.com/restore-illinois/restore-illinois-phase-4/youth-and-recreational-sports-guidelines/>

Restore Illinois Phase 3 Guidelines:

<https://www2.illinois.gov/dceo/Pages/RestoreILP3.aspx>

DCEO Youth Sports Guidelines:

<https://dceocovid19resources.com/assets/Restore-Illinois/businessguidelines4/youthsports.pdf>

<https://dceocovid19resources.com/assets/Restore-Illinois/businessguidelines3/youthsports.pdf>

DCEO Youth Sports Toolkit:

<https://dceocovid19resources.com/assets/Restore-Illinois/businesstoolkits4/youthsports.pdf>

<https://dceocovid19resources.com/assets/Restore-Illinois/businesstoolkits/youthsports.pdf>

Centers for Disease Control and Prevention Considerations:

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

Acknowledgement\* for  
CAC Return to Play Phase IV Guidelines  
Effective June 26, 2020

Acknowledgment:

I have completed the virtual training and understand the contents of these procedures and protocols and will adhere to them to the best of my ability. I further understand that this is a working document and may be updated from time to time. If I have questions, concerns or recommendations I will discuss them with my supervisor/contact at the Wheaton Park District. If I do not follow these guidelines, I may be putting myself and/or others at risk and may be subject to disciplinary action/cancellation of contract.

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Printed Name

Signature

Date

*\*This form must be completed and returned to your contact at the Wheaton Park District prior to programs starting, or rentals being approved.*