



Eight Methods of Restart

WHEATON PARK DISTRICT
 SUPPORTS
 CHARACTER
 RESPECT
 responsibility
 CARING
 COURAGE
 trustworthiness
 COUNTS!

Restart	Reason for ball being out of play	Restart Location	Opponent Restrictions	Ball In Play	Can Player Who Receives Ball Be Offside?	Can A Goal Be Scored?
Kickoff	Start of game; Start of Half; After Goal	Center of Field	10 Yards - Outside of the center circle	Ball kicked and moves	No	Yes
Throw-In	Ball passed over touch line	Within 1 yard of where ball crossed touch line	2 yards	Ball leaves hands and breaks plane	No	No
Goal Kick	Ball passed over goal line and not a goal last touched by attacking team	Within goal area	Outside penalty area	Ball kicked and moves	No	Yes
Corner Kick	Ball passed over goal line and not a goal last touched by defending team	Corner arc at nearest corner	10 yards except quick kick	Ball kicked and moves	No	Yes
Indirect Free Kick	IFK Foul, misconduct, offside, technical offenses	Where offense occurred (Law 8 special circumstances)	10 yards; if defense kicking inside of penalty area, outside of penalty area; If attacking team kicking in opponent penalty area 10 yards	Ball kicked and moves; Must leave penalty area if kicked by defender	Yes	No, must be touched by another player
Direct Free Kick	DFK Foul outside of penalty area	Where offense occurred (Law 8 special circumstances)	10 yards; if defense kicking inside of penalty area, outside of penalty area	Ball kicked and moves; Must leave penalty area if kicked by defender	Yes	Yes
Penalty Kick	DFK foul inside of penalty area	Penalty mark	Outside of penalty area and arc behind ball	Ball kicked and moves	No	Yes
Dropped Ball	Temporary Stoppage of game by referee	Where was when play was stopped (Law 8 special circumstances) Ball rolled to last player to touch ball	4.5 yards	When ball touches ground	Yes	No, must be touched by another player