



WINGS PLEDGE

Integrity

Teamwork

Accountability

I am part of a team, but am responsible for my own actions.

What I do at practice and in the games not only affects me but my teammates.

I pledge to give 100 percent of my effort, focus, and discipline at whatever challenge I face.

I can achieve anything I set my mind to.

There are others besides me that rely on me to give it my all.

Whether we win or lose, I gave it my all.

I will trust in the philosophy my coaches' share with me.

I will respect my teammates, coaches, my family, and myself.

I will push myself to be the best player and person possible.

I will accept challenges and face them head on, because I **CAN**.

I will learn from my mistakes and will listen to what my coaches tell me.

If I give my all...I will disappoint no one.

When I come to practice, I am there to learn, work, and grow as a player and person.

I will work harder than my opponent.

I will earn my teammates', coaches' and opponents' respect.

I make this pledge because I am a Wing and I am part of something special...

Print Player Name

Player Signature

Date